



**FEDERACION ATLETICA DE BOLIVIA**  
**MARCAS MÍNIMAS NACIONALES 2017**

<b>M U J E R E S</b>				<b>P R U E B A</b>	<b>H O M B R E S</b>			
<b>U 18</b>	<b>U 20</b>	<b>U 23</b>	<b>MAYOR</b>		<b>MAYOR</b>	<b>U 23</b>	<b>U 20</b>	<b>U 18</b>
<b>P I S T A</b>								
13.64/13.4	13.34/13.1	13.24/13.0	13.14/13.9	<b>100 mp</b>	11.24/11.0	11.34/11.10	11.54/11.3	11.84/11.6
28.14/27.9	27.44/27.2	27.24/27.0	26.74/26.5	<b>200 mp</b>	22.84/22.6	23.04/22.8	23.34/23.1	24.14/23.9
69.54/29.3	66.24/66.0	63.94/63.7	63.84/63.6	<b>400 mp</b>	52.24/52.1	52.84/52.7	53.24/53.1	55.74/55.5
2:44.00	2:36.00	2:30.00	2:29.00	<b>800 mp</b> *	2:04.00	2:05.00	2:07.00	2:12.00
2:52.00	2:42.00	2:35.00	2:34.00		2:09.00	2:10.00	2:12.00	2:17.00
5:40.00	5:24.00	5:14.00	4:58.00	<b>1.500 mp</b> *	4:11.00	4:19.00	4:24.00	4:37.00
5:50.00	5:34.00	5:24.00	5:08.00		4:19.00	4:27.00	4:32.00	4:47.00
12.35.00	12:16.00	19:30.00	18:30.00	<b>3/5.000 mp</b> *	16:20.00	16:31.00	17:34.00	10:20.00
13:00.00	12:41.00	20:10.00	20:10.00		16:45.00	17:01.00	17:59.00	10:45.00
-	21:00.00	40:30.00	39:00.00	<b>5/10.000 mp</b> *	33:25.00	35:00.00	37:00.00	-
	21:40.00	41:40.00	40:10.00		35:35.00	36:10.00	38:10.00	
19.38/19.5	19.64/19.4	18.94/18.7	18.84/18.6	<b>100/110 mv</b>	17.54/17.3	17.64/17.4	17.74/17.5	17.24/17.0
76.44/76.3	79.34/79.1	73.14/73.0	68.24/68.1	<b>400 mv</b>	61.54/61.4	62.64/62.5	63.14/63.0	63.44/63.3
9:00.00	13:15.00	12:30.00	12:30.00	<b>2.000/3.000 mo</b> *	10:50.00	11:10.00	11:15.00	7:30.00
9:25.00	13:45.00	12:55.00	13:00.00		11:20.00	11:30.00	11:35.00	7:50.00
32:00.00	1h	2h	1h	<b>5/10/20.000 mm</b> *	1h	1h	54:00.00	58:30.00
33:00.00	05:00.00	00:00.00	50:00.00		40:00.00	42:00.00	55:30.00	1h
	1h	2h	2h		1h	1h		00:00.00
	07:00.00	02:30.00	02:00.00		42:30.00	44:30.00		
<b>C A M P O</b>								
4.60	4.86	5.12	5.20	<b>largo</b>	6.44	6.28	6.16	5.85
9.95	10.25	10.34	10.54	<b>triple</b>	13.30	13.20	12.27	11.23
1.30	1.35	1.40	1.40	<b>alto</b>	1.75	1.75	1.70	1.65
1.70	1.80	1.90	2.00	<b>garrocha</b>	2.90	2.75	2.60	2.50
8.40	8.40	8.60	8.75	<b>bala</b>	11.80	11.50	11.20	11.10
20.58	23.65	25.85	27.30	<b>disco</b>	34.00	32.00	30.00	32.00
24.50	25.70	26.00	26.50	<b>jabalina</b>	42.95	42.00	40.80	39.25
24.00	25.00	26.00	26.50	<b>martillo</b>	40.00	33.50	26.68	30.00
<b>C O M B I N A D A S</b>								
2550	2750	2800	3000	<b>hepta/deca</b>	3800	3700	3500	3500
<b>R E L E V O S</b>								
56:14/56.0	54:14/54.0	53:14/53.0	52.14/52.0	<b>4 x 100</b>	45.14/45.0	45.54/45.4	46.54/46.4	47.14/47.0
-	4:30.00	4.25.00	4:15.00	<b>4 x 400</b>	3:30.00	3:35.00	3:40.00	-

<b>relevo 4 x 400 mixto sub 18</b>	<b>4:20.00</b>
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\*: Marcas para altura > 3.000 msnm.

Marcas manuales deben ser incrementadas en 24 centésimas de segundo para distancias hasta 200 m., y en 14 centésimas de segundo para distancia de 400 m.